

18 –24 Month Olds

Theme: Stop and Go

Welcome Song

[Select a song from the song list]

Good Morning/Afternoon/Evening Song

Where is Child's Name (Frere Jacques)

Where is child's name

Where is child's name

Here he/she is, Here he/she is.

I am happy to see child's name

I am happy to see child's name

At The gym, at The gym

Group Songs/Rhymes

Let's Go Walking (Frere Jacques)

Let's go walking, let's go walking

Walk, walk, walk, walk, walk, walk.

Now we are walking, now we are walking

Stop, stop, stop, stop, stop, stop.

2- Now we are hopping...

3- Now we are running...

Safety (Twinkle, Twinkle Little Star)

Red means stop and green means go.

Yellow watch out, you better go slow.

Keep your eye right on the light

It will tell you what is right.

Red means stop and green means go.

Yellow watch out, you better go slow.

Discussion

Playtime

Child walk on balance beam following lights. When they land on red light, have them stop and Count to 3 and then go.

Follow red light and green light on equipment. Have child say stop on red and go on green.

Up and down inclines (stop and go)

Take things for ride on scooter. Follow path and obey traffic signs. (put signs on cones)

Climb up stairs, stop, count to 3 and then go down slide.

Beanbag toss with red and green beanbags. Have child throw in correct color holes.

Roll ball back and forth with child. Say stop when you get it and go when you roll it.

Ride air log with child. Say stop when you stop and go to go again.

Play musical instruments with child. Say stop to get them to stop and go to go again.